

Winter Springs Basketball League Coaches' Checklist

MEDICAL RELEASE FORMS

A copy of a medical release form has been issued to you. For your own protection, please make a copy for each player and have his or her parent fill it out. The forms should be returned to you, and you should keep them with you at all practices and games.

EMERGENCY PLAN OF ACTION

You should have a plan of action in case a player is injured while in your care. Creating this action plan is a good way to get positive parental involvement. If you have any questions concerning this, please call the league office at 407-327-8952.

SCHEDULE

Please check your schedule and highlight each of your games. Remember to highlight only games that correspond to your team's code. If you discover discrepancies, please notify the league office immediately. Make copies of your schedule and give to the parents of each player on your team.

SCOREKEEPERS/TIMERS

Ask for a volunteer to run the clock or keep the scorebook at each of your games. Do not wait until game time to find someone. Remember, parents like to help, and this is a great way to make them feel involved.

PARENT MEETING

In order for you to have the most successful coaching experience, you should have a parents meeting scheduled before or after your first practice. Please insist that your parents attend this very important meeting. At this meeting you should discuss the division rules, positive spectator/player game behaviors, the procedure to follow if you have an unsatisfactory official, and the expectations that you have for all of your players and the parents. You should also be able to tell parents what they can expect from you as a volunteer coach. Please give parents a copy of your anticipated practice schedule. Your division game schedule will be posted on our web site at www.wsbl.com. At this meeting, ask for volunteers to help with various team needs. You may be surprised at the positive results achieved by conducting this meeting.

JERSEYS

Jerseys will be picked up prior to your first game. A date, time, and site will be sent to you via e-mail. There may be some duplicated numbers due to players that utilize their winter jerseys. Make sure that you have players with duplicate numbers wear something that will distinguish them from one another for the scorebook and officials. Also, notify the official(s) prior to the start of your game so that he/she/they are aware that you have players with the same number. If you have players with sizing problems, please try to work it out by exchanging jerseys within your team.

DIVISION RULES

Please go over all division rules with your team and your parents. They are posted on our web site at www.wsbl.com. It is also a good practice to check with the officials before your game to make sure he is familiar with the rules that your division will play by. All coaches must follow these rules consistently. Do not hesitate to contact the league office if you do not understand a rule. Coaches with more than ten players should be allowed to substitute two players in the first half of play. Be sure to communicate with the opposing coach before the game begins if you know that you will have an exception to the playing time rule.

GOOD LUCK TO ALL!